PRICE GUIDE

# HAIR, BEAUTY & HOLISTICS CENTRE 01792 284049 www.gowercollegeswansea.ac.uk

SPOIL YOURSELF NOT YOUR BANK BALANCE!

Like us on Facebook

Gower College Swansea Coleg Gŵyr Abertawe



# WELCONE

At the Broadway Hair, Beauty and Holistic Centre, we believe that you should spoil yourself without spoiling your bank balance so we offer a range of luxurious beauty, holistic therapy and spa treatments at competitive prices.

We can create a whole new look for you in one of our two modern hair salons with cutting, styling and colouring as well as barbering and special occasion looks. We only work with superior salon brands and have a range of products for sale to keep your hair in great condition until your next appointment. Or, if you prefer a city centre location, we have a Hair Academy in the Kingsway Centre.

Or you can indulge in one of our luxurious beauty, holistic therapy or spa treatments. We offer manicures and pedicures, St Tropez tanning, soothing facials, relaxing massages and much more. We even have a dry floatation tank with infra-red lamps, perfect for the treatment of arthritis, muscle fatigue and sporting injuries – and just 20 minutes on the tank is equivalent to eight hours sleep!

#### www.gowercollegeswansea.ac.uk

facebook /BroadwayHairBeautyandHolisticCentre

All information and pricing correct at the time of printing.

# CONTACT US

OPEN TO THE PUBLIC

#### **Broadway Hair, Beauty and Holistic Centre**

Gower College Swansea Tycoch Campus Swansea SA2 9EB

Tel: 01792 284049

#### **Kingsway Hair Academy**

Gower College Swansea Kingsway Centre 37-38 The Kingsway Swansea SA1 5LS

Tel: 01792 284051

As part of Gower College Swansea, all our treatments are carried out by students and supervised by professional practitioners.

Therapists are either first year students studying at Level 2 or second year students on Level 3 courses these levels are highlighted next to individual treatments in this brochure.

Because we are a teaching centre, we are only open during term time and some treatments are only available at certain times of the year due to the nature of the courses. Appointments need to be booked in advance so please ring ahead to check that the treatment vou want is available.

# PARBRESSING

----

**Detailed consultations are an essential part of all** treatments and a skin test is always required before all full head colour services.

- Cutting
- Styling
- Colouring
- Special Occasion Hair
- Barbering









# CUTTING AND STYLING

	Level 2	Level 3	
Cut and Style	£6.50	£7.50	
Restyle £7.50 £10.50			
Gent's Cut	£4	£5	
Shampoo and Set £4 -			
Blow Dry £4 -			
Conditioning Treatment £2.50 -			
or ask your stylist for details on the NIOXIN treatment			
for thicker, fuller-looking hair in 30 days.			

	Special Occasion Hair	from £10*	from £15*
--	-----------------------	-----------	-----------



# QUASSI COLOUR

lasts 12-24 shampoos	Level 2	Level 3
Short hair	£13	£15
Medium hair	£15	£18
Long hair	£18	£21

# COLOURING > HI/LOW LIGHTS

dditional

Foil or Easi Mèche	Level 2	Level 3	
Short hair	£20	£27	Additiona
Medium hair	£25	£32	colours from £3
Long hair	£30	£37	110111 23
Very long or dense hair	£33	£40	
Partial foils	£14	£20	
Cap	£15	-	

# COLOURING > TINTS

	Level 2	Level 3
Short hair	£17	£19.50
Medium hair	£20	£22.50
Long hair	£23	£27
Very long or dense hair	£25	£30
Roots/partial foils	from £22*	from £28.50*
Root re-touch tint	from £15*	£20
Full head bleach		from £20*

ERM	Level 2	
Short hair	£15	add s
Medium hair	£15	colou
Cana baix	£20	

semi-permanent r for an extra £5

# SEMI~PERMANENT COLOUR

lasts 12-24 shampoos

Level 2	Level 3
from £12	from £14



## COLOUR CORRECTION Level 3

Rectify any colour problems or go for a completely new colour. A consultation is required and prices may vary due to individual requirements and products used	from £33*
Pre-pigment plus colour	from £33*
Blonde wash	£10**

\*Price on consultation \*\*plus price of colour



# BEEGFY

Our trained therapists will not only give you the finest beauty and skincare treatments but they will also teach you how to care for your skin at home.

To ensure you get the maximum benefits from our service, detailed consultations are an essential part of all our treatments. A skin test is required before all beauty tinting treatments.





#### PRESCRIPTIVE FACIALS

Want fabulous skin? This treatment uses a unique blend of essential oil tailored to suit your skin type to soothe, balance and purify. All Eve Taylor facials include exfoliation, massage and a mask, as well

as cleansing and toning.	Level 3
Approx 60 minutes	£15
Approx 75 minutes	£18
Approx 90 minutes	£20

#### FACIALS

Your skin will feel wonderful after this luxury cleansing, exfoliating and conditioning treatment followed by a facial massage.

Level 2

Approx 60mins	£15
---------------	-----



#### NEW CACI FACIAL TONING

#### Quantum Non Surgical Facelift

The CACI Quantum system enables you to enjoy the benefits of a non surgical facelift. Using microcurrent facial techniques, the CACI Quantum redefines facial muscles and reduces line and wrinkles. The system's multifunctional capabilities offers the most comprehensive range of non surgical treatment options, appealing to both males and females clients of all ages.

60 minutes	£25
Course of 10 treatments	£200

#### SPECIALISED ELECTRICAL FACIAL

Designed to suit your specific skin type and condition, this relaxing treatment will leave the skin firmer and younger looking.

Level 3

pprox 60m	ins £1
-----------	--------

#### Oxygen Therapy



The perfect rejuvenation treatment for ageing skin. Oxygen Therapy replenishes lost oxygen and the active serum ingredients restructure the skin, visibly plumping out the lines and wrinkles. Results are immediate and continue to work long after the treatment, stimulating cell regeneration. An excellent choice for acne conditions due to the anti-bacterial effect of the serum used. Potential scarring is reduced and the build up of

bacteria within the skin is diminished.	Level 3
30 minutes	£20
Specialised treatment mask	£10

#### MICRODERWABRASIONS

Stimulates collagen and elastin formation, resulting in a firmer and more rejuvenated skin. The gentle vacuum action achieves an immediate lifting effect on tired muscles, just like a 'workout' for the face. The skin's thickness is reduced before a gentle flow of crystals is applied to the skin surface to gently remove the epidermal cells layer by layer.

30 minutes	£20
Specialised treatment mask	£10

#### OFFER

Combine both therapies for just £35?
Or you can book a course of 10 for £300.

# SINGLE EYELASH EXTENSIONS

A new professional treatment using single lashes to enhance the eye and achieve a natural or glamorous look.

	Level 3	
Full set	£15	
Infills	£10	recommended every 3-4 weeks
Removal	£5	

# LASH AND BROW TREATMENTS

	Level 2
Eyebrow shape	£3
Eyebrow tint	£4
Eyelash tint	£4.50
Eyebrow and eyelash tint	£6
Eyebrow and eyelash tint with eyebrow	£8.50
shape	

# WAXING AND DEPILATION

	Level 2
Full leg	£12
Half leg	£8
Full arm	£7
Half arm	£5
Bikini	£5
Full leg and bikini	£14
Underarm	£4
Lip, chin or eyebrows	£3
Back or chest	£7
Bucil of chost	

# EPILATION

Permanent removal of unwanted hair (face or b	oody) using
disposable Sterex needles.	Level 3
One treatment including consultation	£5

#### THREADING

	Level 2
Eyebrows	£3.50
Lip	£2
Chin	£2.50
Side of face	£3
Lip, chin and side of face	£7

#### ADVANCED ELECTROLYSIS

A range of blemishes can be quickly and easily treated using advanced electrolysis with immediate and effective results, eventually offering blemish free smooth skin. This includes:

- Thread vein treatment
- Blood spot treatment
- Skin tag removal
- Milia treatment

Full consultation required.

Level 3
from £1

#### ENERGIST ULTRA

Level 5 Students

#### Variable Pulsed Light (VPL) and Skin Rejuvenation

VPL can be used for a range of treatments such as age spots, blemishes, fine lines/wrinkles and hair removal\*.

We offer an initial consultation lasting approximately 20 minutes, which will include a test patch treatment. There is no charge for the consultation or test patch.

The price for the proposed course of treatment will be determined during the initial consultation, depending on size and location.

\*Hair must be cut or shaved close to the skin surface 24 hours prior to treatment.

# HANDS AND FEET

imito mito i ee i	Level 2
Manicure	£7
Pedicure	£8
Luxury manicure	£9
Luxury pedicure	£10

# ST.TROPEZ

# SPRAY TANNING

A natural looking tan from the leading international brand.

Level 3 £10

#### ORIGINAL CREAM TAN

A professional treatment which includes full body exfoliation and original cream application.

Level 3 £15

#### **CORRECTIVE BODY** PROGRAMME

Specific figure correction treatments prescribed to suit your needs for toning, contouring and reduction of cellulite.

	Level 3	
Course of six treatments	£30	includes use of sauna and steam room facilities





# ROLISTICS THERES

and Spa Treatments

----



Our therapists provide luxurious treatments, indulging you with the finest products and latest techniques for your relaxation and enjoyment.

To ensure you gain maximum benefit from our service, detailed consultations are an essential part of all treatments and aftercare advice is also provided.

Group bookings are available. Please contact us for availability.



# SAUNA AND STEAM ROOM

UNISEX

Our sauna and steam room are available at just £2 for 20 minutes.

Or why not treat yourself to the sauna and steam room before a back, neck and shoulder massage for £11.

#### SWEDISH BODY MASSAGE

Uses different types of massage oils applied to the skin with smooth gliding strokes. Firm pressure and flowing movements are used to release muscular tension, relieve pain, facilitate healing from injury, alleviate stress, relax the body and enhance wellbeing.

Back, neck and shoulder (30 minutes)	£9
Full body (60 minutes)	£13
A course of five full body massages	£55

#### STONE THERAPY MASSAGE

The use of hot and cold stones in a full body therapeutic massage to relieve tension

and promote relaxation.	Level 3
90 minutes	£20

#### INDIAN HEAD MASSAGE

The application of specific massage techniques to the head, neck and shoulders, working on pressure points to alleviate stress and tension.

Level 3

45 minutes

# AROMATHERAPY MASSAGE

A therapeutic massage using essential oils blended to suit individual needs.

75 minutes	£14.50
Course of five	£60

#### SPORTS MASSAGE

A specialised massage concentrating on a specific area to aid rehabilitation following an injury.

	Level 4
30 minutes	£8

#### REFLEXOLOGY

This specialised pressure treatment for the feet promotes full body relaxation.

feet promotes full body relaxation.	Level 3
45 minutes	£12
Course of five	£50



Our onsite massage is a fast, effective and versatile form of therapeutic treatment. The massage concentrates on either the back, shoulders, neck, arms, hand or scalp depending on your needs.

You sit in a specially designed chair, remain fully clothed and no oils are used.



#### DRY FLOATATION

Dry floatation and infra red lamps to ease and warm tired muscles (includes a facial or scalp massage).

muscles (includes a facial of scalp massage).	Level 3
20 minutes	£10

#### DRY FLOATATION with Massage

Dry floatation followed by a back, neck and shoulder massage.

Level 3

45 minutes

£15

#### HYDROTHERAPY BATH

#### and Massage

A hydrotherapy bath with essential oils and colour therapy to stimulate and invigorate followed by a back, neck and shoulder massage.

Level 3

45 minutes £15



#### REIKI

A treatment to balance the chakras and the	
energy in the body.	Level 3
30 minutes	£3

# ENVELOPMENT and Massage

A detoxifying or nourishing wrap followed by	
a back, neck and shoulder massage.	Level 3
60 minutes	£20

#### THALASSOTHERAPY

#### and Massage

Salt and seaweed scrub, steam and fusion shower followed by a back, neck and shoulder massage.

Level 3

60 minutes

#### CRYSTAL THERAPY

Uses crystals to realign the chakras and	
human energy system.	Level 3
30mins	£6

#### HOPI EAR CANDLING

A treatment to help relieve sinus	
blockage and headaches.	Level 3
Approx 30 minutes	£8

#### AYURVEDIC TREATMENT

A relaxing treatment developed from Indian practice to promote a balanced constitution by applying gentle movements to marma points on the head and face. The feet also receive gentle stimulation to begin the experience.

Level 3

45 minutes	£11